

The Strat Patterns Cheat Sheet

All 7 combos, 3 scenarios, FTFC checklist & key terms — quick reference guide



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THE 3 SCENARIOS — EVERY CANDLE IS ONE OF THESE

The Strat Scenario 1

Current candle forms totally within the range of the previous candle. Its high is lower than the high of the previous candle and low is higher than the low of the previous candle

Previous Candle High Low Price Action Current Candle

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1 INSIDE BAR

High < prev High & Low > prev Low
Fully within previous candle
→ Pause. Breakout coming in either direction

The Strat Scenario 2U

A 2U happens when the current candle takes out the high of the previous candle to indicate a strong bullish momentum

Previous Candle High Low Price Action Current Candle Take Out The High

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2U DIRECTIONAL UP

Takes out prev High — NOT prev Low
Strong bullish momentum
→ Most common scenario

The Strat Scenario 2D

A 2D strat scenario is formed when the market takes out the previous candle's low. This is the representation of a bearish moment and it happens when there is strong seller sentiment in the market.

Previous Candle High Low Price Action Current Candle Take Out The Low

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2D DIRECTIONAL DOWN

Takes out prev Low — NOT prev High
Strong bearish momentum
→ Most common scenario

The Strat Scenario 3

Scenario 3 of The Strat patterns forms an outside bar candle in which the current candle fully engulfs the previous candle's range.

Previous Candle High Low Price Action Current Candle Takes Out High & Low

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3 OUTSIDE BAR

Takes out BOTH High AND Low
Max volatility — close direction matters
→ Least common, highest impact

ALL 7 STRAT COMBOS — WITH CHART EXAMPLES

The Strat 2-2 Continuation

In a 2-2 Continuation, the market keeps moving in its current direction. The 2-2 Continuation has a bullish and bearish version.

2-2 Bullish Continuation 2-2 Bearish Continuation

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2-2 Continuation CONT.

Bull: 2U → 2U Bear: 2D → 2D

Market keeps moving in the same direction. Both candles break the same side. Use with FTFC alignment.

The Strat 2-2 Reversal

In a 2-2 Reversal, the market flips its direction and the trend changes. There are two versions of 2-2 Reversal Strat combo.

2-2 Bullish Reversal 2-2 Bearish Reversal

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2-2 Reversal REV.

Bull: 2D → 2U Bear: 2U → 2D

Trend direction flips. Second candle breaks opposite to first. Use at key S/D levels + FTR confirmation.

The Strat 2-1-2 Continuation

2-1-2 Continuation is a 3 candle Strat combo in which first there is the formation of a directional 2 bar then there is 1 inside bar and then again a 2 directional bar. This is a classic trend → rest → continue pattern. This combo has two variations.

2-1-2 Bullish Continuation 2-1-2 Bearish Continuation

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2-1-2 Continuation CONT.

Bull: 2U → 1 → 2U Bear: 2D → 1 → 2D

Trend → Rest (inside bar) → Continue. Most common 3-candle combo. Best with FTFC confirmed.

The Strat 2-1-2 Reversal

In 2-1-2 reversal combo market changes its direction after the formation of this combo. The initial 2 is the momentum candle then in 1 bar there is a pause in the market and then again 2 bar takes out the high of 1 bar but in the opposite direction of the first 2 bar.

2-1-2 Bullish Reversal 2-1-2 Bearish Reversal

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2-1-2 Reversal REV.

Bull: 2D → 1 → 2U Bear: 2U → 1 → 2D

Momentum → Pause → Reversal. Final 2 breaks opposite. Use at Order Block / FVG / Demand-Supply zones.

The Strat 3-1-2 Reversal

The 3-1-2 Reversal Combo is a three-candle pattern that can signal a change in market direction. It starts with a 3 (outside bar), followed by a 1 (inside bar) showing consolidation, and is confirmed when a 2 (directional bar) breaks the inside bar's range.

3-1-2 Bullish Reversal 3-1-2 Bearish Reversal

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3-1-2 Reversal REV.

Bull: 3 → 1 → 2U Bear: 3 → 1 → 2D

Outside bar → Squeeze (inside bar) → Breakout. High probability reversal. Use at major pivots + FTFC.

The Strat 1-2-2 rev Strat

The 1-2-2 Reversal Strat Combo is a powerful reversal pattern that begins with an inside bar, followed by a directional break that attracts breakout traders. The next candle then reverses and breaks the opposite side, trapping those traders and triggering their stop losses.

1-2-2 Bullish rev Strat 1-2-2 Bearish rev Strat

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1-2-2 Rev Strat REV.

Bull: 1 → 2D → 2U Bear: 1 → 2U → 2D

Failed breakout traps traders. Their stop losses fuel the reversal. Most powerful combo in The Strat.

The Strat 3-2-2 Reversal

The 3-2-2 Reversal Strat Combo is a high-impact reversal pattern that often signals the exhaustion of an existing trend. It begins with a 3 (outside bar), followed by a 2 (directional bar), and is confirmed when the next 2 bar breaks in the opposite direction, shifting market bias.

3-2-2 Bullish Reversal 3-2-2 Bearish Reversal

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3-2-2 Reversal REV.

Bull: 3 → 2D → 2U Bear: 3 → 2U → 2D

Rarest combo. Signals trend exhaustion. High impact when it forms. Use at key levels + FTFC.

MASTER REFERENCE TABLE — ALL 7 COMBOS

COMBO	SEQUENCE	TYPE	BULLISH SETUP	BEARISH SETUP
2-2 Continuation	2→2 same direction	CONT.	2U → 2U	2D → 2D
2-2 Reversal	2→2 opposite direction	REV.	2D → 2U	2U → 2D
2-1-2 Continuation	2→1→2 same direction	CONT.	2U → 1 → 2U	2D → 1 → 2D
2-1-2 Reversal	2→1→2 opposite direction	REV.	2D → 1 → 2U	2U → 1 → 2D
3-1-2 Reversal	3→1→2	REV.	3 → 1 → 2U	3 → 1 → 2D
1-2-2 Rev Strat	1→2→2 opposite direction	REV.	1 → 2D → 2U	1 → 2U → 2D
3-2-2 Reversal	3→2→2 opposite direction	REV.	3 → 2D → 2U	3 → 2U → 2D

FTFC CHECKLIST

TIMEFRAME	SCENARIO	DIRECTION	STATUS
Monthly	2U	Bullish	✓
Weekly	2U	Bullish	✓
Daily	2U	Bullish	✓
4H	1	Pause	⚠
1H	2U	Bullish	✓

- ✓ Full FTFC = Highest probability setups
- ✗ 3 bar on any TF = No FTFC. Wait for resolution.

7-STEP TRADE EXECUTION

- 1 Check HTF — Monthly → Weekly → Daily. What scenario is forming?
- 2 Verify FTFC — All TFs same directional bar? ✓ Go. Mixed? ✗ Wait.
- 3 Find Combo — Drop to trading TF (4H/1H). Look for a Strat combo.
- 4 Match Direction — Combo MUST match FTFC direction. No exceptions.
- 5 Key Level — Confirm combo is at Demand/Supply zone, OB or FVG.
- 6 Entry — Break of final candle's High (bull) or Low (bear). Wait for close.
- 7 SL & TP — SL: other side of combo. TP: prev High/Low or next key level.

KEY STRAT TERMS

FTFC Full Timeframe Continuity — all TFs aligned in same direction	PMG Pivot Machine Gun — consecutive bars breaking prior H/L
Rev Strat 1-2-2 failed breakout — traps traders, stop hunt reversal	TTO Triangle They Out — broadening formation, stop hunt
In-Force Signal triggered and currently valid to trade	FTR Failure to Return — confirms directional strength
Hammer Bullish candle, long lower wick — buyers rejected sellers	Shooter Bearish candle, long upper wick — sellers rejected buyers
Magnitude Expected size/distance of a price move from entry	Broadening 3 bar on HTF = broadening formation on lower TFs